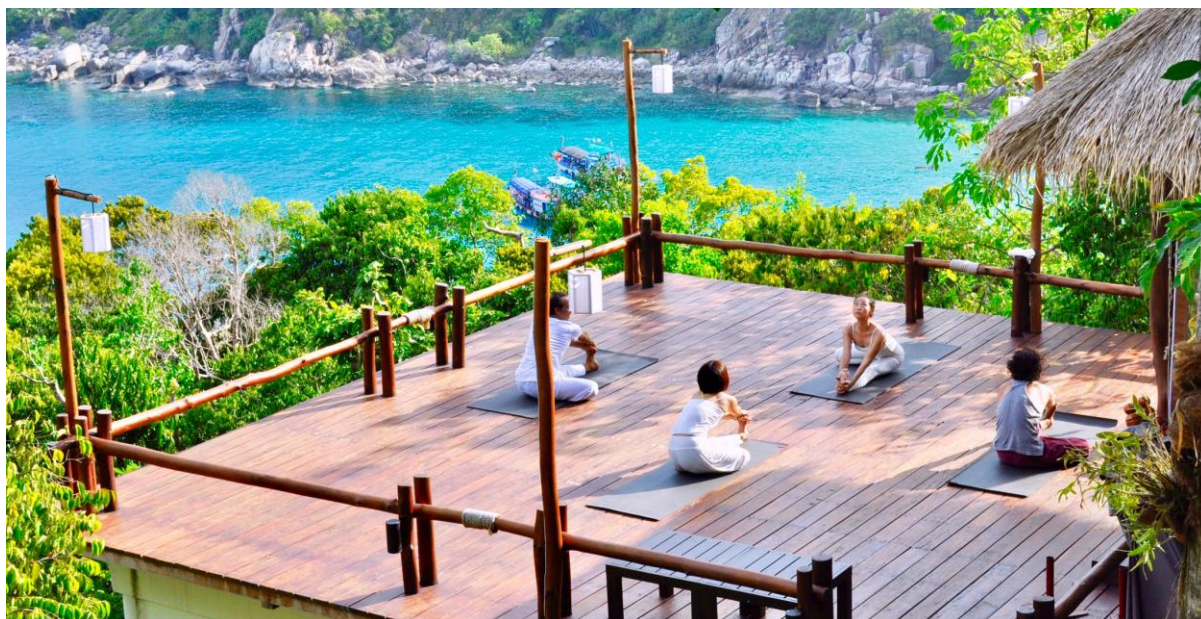


Kairali - The Ayurvedic Healing Village



Prices Start from £1499

Travel From 01 Oct 18

Travel Until 15 Dec 18

Book By 05 Dec 18

Offer Includes

7 nights accommodation in uniquely designed Independent Villas

Return airport transfer from Cochin airport by air-conditioned vehicle

Welcome drink on arrival

All Meals (Breakfast, Lunch & Dinner - Veg. only)

Daily allotment of in-room mineral water (1 per person per day, max of 2 bottles per room per day)

Unlimited supply of herbal water

Juice or Herbal tea after every treatment

Free use of Swimming pool, Library, Gym and all Indoor & Outdoor Facilities

Notes:

- Price based on 10 - 14 Persons (Sharing double / twin room)
- Additional food-items will be charged extra
- Internal medicines given for your treatment can only be ascertained as your treatment progresses and will cost extra

Bonus offer: Daily Yoga & Wellness Sessions

Itinerary:

Day 1: Cochin to Palakkad by surface (Approx. 125 kms, 3 Hrs)

- Upon arrival at Cochin airport welcome, meet and assist by our representative and drive to Palakkad.
- Upon arrival at Palakkad, check in at Kairali.
- Rest of the day at leisure and Overnight stay at hotel.

Days 2 - 7: Palakkad

- Kairali's Yoga & Meditation Package.

Yoga & Wellness Session:

1. One Ayurvedic Therapy (Abhyangam) per person daily with Steam Bath
2. 2 Hours Private & One on One Yoga session daily in the morning
3. 30 minutes Private & One on One Meditation session daily in the evening
4. Lecture on Ayurveda (Once a Week)
5. Lecture on Yoga (Once a Week)
6. Daily Personal Lifestyle & Fitness Evaluation

Day 8:

Palakkad to Cochin by surface

Depart Cochin by flight

- Morning check out from Hotel and drive to Cochin airport to board flight for onward journey.